

THE PULSE



HAND - WINTER, 2016

Fostering the development of existing hospital and healthcare auxiliaries, providing educational opportunities to our members and encouraging involvement and collaboration with community organizations to improve healthcare.

PRESIDENT'S REPORT

Becky Hill, President

Time passes quickly, doesn't seem possible that Spring began this month, daylight Savings time began and that the State HAND meeting is just around the corner.

I am pleased to announce that Diane Heuser has accepted the position of Vice President for the HAND Board. Diane is a very active member of the Auxiliary at Mercy Hospital in Valley City. Per the HAND Bylaws, a vacancy on the Board shall be filled by the vote of the Board of Directors. Please welcome Diane to the board.

There are opportunities for leadership positions on the HAND Board. The position of Treasurer needs to be filled. Jean Schnabel has been the Treasurer for two terms, which is the limit. She is very willing to work with the new Treasurer for orientation to this position. The positions for District Chairs for District II (SW ND) and District III (NW ND) are vacant. Please discuss these positions with your member auxiliaries. The Board needs representation from all over the state to know the needs of each organization and to share ideas for our common good. The Board meets two times a year, Spring (day before the HAND meeting) and in October.

The State HAND meeting is May 17th at the Heritage Center in Bismarck. Sanford Health of Bismarck is hosting the meeting. They have been planning for months and have already mailed the "Save the Date" cards.

They are planning an auction fundraiser, so get some ideas for the basket your auxiliary will contribute. I have heard enough hints about the program to know it is going to be very interesting and educational. Great time to renew acquaintances, meet new members and exchange ideas.

The HAND Board meeting is scheduled for May 16 in Bismarck. Please express your ideas and concerns to a Board Member prior to this date. If you would like to volunteer for one of the Board positions available, or would like to submit a name, please contact a board member.

There are two District Meetings scheduled for this Fall. Jamestown Regional Medical Center will host District I, and District IV is being hosted by Heart of America Medical Center in Rugby. Watch for further details from these auxiliaries.

Good Samaritan Auxiliary from Mohall, ND has voted to drop their membership for the HAND organization. I wish them well as they continue to volunteer their services to their community.

I am looking forward to the HAND meeting in May. Keep up the good spirit of volunteering in all the ways you serve. What a good feeling to know you have made someone's day a little better by your efforts.

DISTRICT I

Irene Olson, District I Chairperson

It is hard to believe I am writing a report for the winter edition when it is in the 60's and sunny outside. Hope that means we will have an early spring. With the holidays behind us, we look forward to a new year and our State Convention. This year's convention will be hosted by Sanford Health of Bismarck and held at the Heritage Center in Bismarck.

District I fall meeting will be hosted by Jamestown Regional Medical Center with more information coming later this summer.

I know all the auxiliaries are busy planning their year's fund raising projects, so we ask that you bring your ideas to the state convention and share them with us, along with any concerns your auxiliary may have.

Happy Easter and looking forward to seeing you in May.

HAND Board 2014-16

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Vacant, District III Chair

Carol Rosenau, District IV Chair
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Volunteers are not paid ---not because they are worthless, but because they are PRICELESS

~Author unknown

DISTRICT I

Donna M. Nelson, CHI Mercy Health, Valley City

Spring is just around the corner? For those of us who have lived in North Dakota most of our lives know that March can mean the crocuses peeking their heads out in pasture land or a raging blizzard leaving everything at a standstill. Pick which it will be.

In November several members gathered to trim the Christmas tree which was auctioned off at the annual "Festival of Trees" that the hospital holds as a major fund raiser in late November. The theme of the tree this year was STAR OF BETHLEHEM' beautifully decorated in aqua, crystal, and gold. Our sponsored tree was one of the top money bids of the night... great job ladies. December we were honored by the hospital at our Christmas brunch at the country club and at the same time our Auxilian of the year, Rose Wendt, was recognized. Installation of officers was held with all former officers agreeing to serve another term.

February we have gained 2 new members and appreciate their interest and willingness to help us support our mission. We discussed our auxiliary scholarship which will be awarded in May. We received a memorial donation from a family in honor of their mother who graduated from Mercy Hospital School of Nursing. With this donation we will be able to give another scholarship this year dedicated to an individual who is planning a career in nursing. Also in February we had a very successful Valentine bake sale.

Our next big project is "Calendar of Cakes" our annual coffee and cake fund raiser... 12 tables are decorated for each month of the year with the cake being the centerpiece. A silent auction is also held. So if you are in the Valley City area on Thursday, May 12th please join us at the Methodist church for a wonderful afternoon .

DISTRICT I

Larue Odenbach, Jamestown Regional Medical Center

Jamestown Regional Medical Center(JRMC) Auxiliary –We held our annual Holiday Magic and bake sale on November 7 and did the Tree of Love in December. The response to both fundraisers was good and along with monies made from September's Tea for All Season and gift shop proceeds, the Auxiliary was able to donate \$20,000 to the Oncology Unit that is being established at JRMC. With the establishment of the Oncology Unit, patients requiring chemotherapy will not need to travel to Fargo or Bismarck for treatments. Many more dollars will be needed for the unit, and the Auxiliary is planning more contributions.

The Auxiliary also distributed Christmas Cookie plates along with a handmade ornament, to current telecare clients. The plates are always looked forward to and well received.

Tiffany Wilkerson, started on February 8 as the new JRMC Volunteer Coordinator. One of her duties is to coordinate the many auxiliary volunteers and maximize the best uses of our volunteer efforts.

The auxiliary continues to sew burp cloths for the JRMC baskets given to new parents and small fleece pillows that are given to abdominal surgery patients. Plans are to hold a book sale, bake sale and bazaar on April 8 in the lobby of the hospital. People are usually waiting for the sale to open to have their choice of items.

Jamestown will host the District 1 Fall 2016 meeting. A committee has been formed and plans are being made for the October meeting.

DISTRICT I

Darlene Radi, Secretary, Sanford Partners, Fargo

Greetings from Fargo Sanford Partners! Spring is around the corner and let's just enjoy it.

September 30 was our annual meeting. We were welcomed by our President Barb Rudh. Jeff Hoss, Vice President for West Campus Development updated the membership on the new hospital .

The Partners Board is studying as a group The Florence Prescription. Each Board member received a Sanford blanket in honor of our reaching the first milestone toward our pledge to NICU. Town Halls are being held throughout this year for all volunteers and Partners members to explain the use of existing buildings once the new hospital is up and running (expected September 2017)

Eighteen Partners members traveled to Maryvale near Valley City, for the District meeting for HAND on October 6. Pastor Pebbles Thompson spoke of her project titled "Ignite Light" to help children of abuse; two of our members made a blanket and pajamas for the project (photo attached). Thank you colleagues in Valley City for the awesome day and for informing us of this fabulous project!!

Bookmarks for Thanksgiving patient tray favors were made by Joan Larson and Kathy Tweiten, Program Directors for the Board.

The fall had its usual collection of book, jewelry and bedding sales. The 3 shops hosted Holiday Open Houses to showcase the Christmas merchandise. Barb Rudh hosted the members again at her home for an Open House; the service project was to sign cards which were placed on patient trays on Dec 24 and Dec 25. And this December instead of a brunch for the Board we were pleased to be invited back to Barb's home for a reception to enjoy one another's company and to reflect on the many good things in our lives: including the opportunity to serve patients and their families.

HAPPY SPRING!!

DISTRICT II

Darlene Lutz, CHI St. Joseph's Health Auxiliary, Dickinson

Greetings from Dickinson in southwest North Dakota where it been more than a year since the transition from the old into the newly constructed CHI St. Joseph's Hospital took place. We now have a large conference room conveniently located near the main entrance where we can hold our monthly meetings and fund raising events. The Gift Shop is realizing a significant rise in sales in it's new location. Our twenty third annual Valentine Cookie sale held on February 12 was once again very successful. Delicious rolls and coffee were also sold. During the coming months we will also be sponsoring a Book Fair, Jewelry Sale, Linen Sale and a Blood Drive.

We would appreciate hearing from any one who has done a Plant Sale. When is the best time to do this? Please call 701 483 4246.

Sometime during the month of August we will have a tea party for prospective new members.. Last August we were fortunate to sign up seven ladies.

An Irish blessingMay God grant you always.....A sunbeam to warm you A moonbeam to charm you A sheltering angel, so nothing can harm you.

DISTRICT II

Irene Wentz, President Chairperson, Sanford Health, Bismarck

Happy Spring! We at Sanford Bismarck are very busy planning the 2016 HAND Conference. In fact, it is our main focus this year, to have a very special and successful conference. The theme will be "Attitude, Innovation, Art & Peace". The event will be May 17, 2016 at the beautiful North Dakota Heritage Center. Registration is \$25 with checks made out to Sanford Auxiliary.

A block of rooms is reserved at the Kelly Inn. The rooms have 2 beds for \$93.18. Call the hotel directly at 1-800-635-3559. Rooms will be released on April 25, 2016.

The HAND state board will be hosting a silent auction. Each auxiliary should bring an item or items to donate. We request that you bring a note card describing the item or items in the basket. Also indicate the name of the auxiliary on the card.

You should have a letter from us with further details. The agenda for the day will follow after April 17, 2016.

We hope many of you will attend. We have a great day planned for you.

DISTRICT III

Maybelle Opland, Secretary, St. Joseph's Auxiliary, Minot

Our members created a great "Victorian" atmosphere for our formal tea in November. The Tea was held at Edgewood Viast Bistro. The guests sipped tea and listened to background music of delightful piano duets. The fancy food was served on china teaplates and included tea sandwiches, cranberry bread, scones, kuchen and grapes. A featured treat was a homemade English Toffee. The sounds of conversation filled the air and compliments were plenty. Yesteryears Treasures featured a sale of vintage items and many were purchased for gift giving.

December was highlighted by the "Love Tree". We solicited donations in "honor and memory" of friends and loved ones. Each donation was recognized by a bell hung on a Christmas tree with the names of the donor and recipient. During the ceremony the tree was lit and the auxiliary presented monetary donations to local charities and food pantries. The auxiliaries sang Christmas carols with the residents. We served Christmas goodies to the residents and their guests.

Valentine week brought out the baking talents of our members. The sweet sale produced cookies, candies, and by special request angel-food cake and krumkaka. What a pleasing view to see all the goodies packaged and ready for the residents.

A speaker for one of our meetings was Mike Zimmerman. He is the Director of the Mens' Winter Shelter in Minot. The shelter offers overnight accommodations to homeless men in the area who are seeking employment. The project is supported by several local churches. It offers food for the day and donated clothing is available. Adult volunteer supervisors stay at the facility overnight.

We are planning birthday parties for Edgewood Vista and Minot Health and Rehab (formerly ManorCare). The residents look forward to the music and birthday treats.

The members are looking forward to attend the HAND meeting in Bismarck in May.

DISTRICT IV

Gloria Maurseth, Towner County Medical Center, Cando

Greetings from Towner County Medical Auxiliary in Cando.

We had our main fundraiser on October 30, 2015 with noon luncheon, silent auction, and raffle for homemade quilt, (donated by our President, Janet Westlind), Rada knife set, set of embroidered dish towels, \$50 & \$25 cash. Our gift shop was set up and had a very busy day, with embroidered dish towels being a big hit. It was well attended and a very good fundraiser.

We had a successful Tree of Lights again over Christmas 2015. It is so great to see the trees by the Towner County Medical Center with red, green, blue and white lights. The maintenance crew put the lights up and take them down. We thank them for doing that.

We purchased a "Cross Trainer Exercise bike" for Therapy and the Exercise room. It is being well used.

We will have our annual bake sale in May during Hospital & Nursing Home Week.

We have had a wonderful winter and hopefully an early Spring.

DISTRICT IV

Dee Larson, Altru Alliance, Grand Forks

Looks like Spring is just around the corner, and we're always happy to see it arrive. We are looking forward to a couple of fundraisers – an Art and Linen Sale in March and Jewelry Sale in May. Both sales are always well attended and anticipated by shoppers.

Our Altru Gift Shop has taken on a new look and has received rave reviews from staff and customers, and was recently awarded first place in the Grand Forks Herald's People's Choice Award for the best gift shop in town. It has received 2nd place for the past 3 years, but we're very proud to have achieved first place this year.

The Alliance recently released our 2015 gift totals and are pleased to share that \$120,453.54 was given to local charities, with most of these funds coming from the Altru Gift Shop. We continue to look for ways to help in the community and encourage board members to find ways to increase membership in our Alliance. We are so appreciative of our Volunteers and Board Members and their contributions.

Meanwhile stay well and enjoy Spring!

*No one is more cherished
in this world than
someone who lightens
the burden of another.
Thank you.*

Author Unknown

DISTRICT IV

Bernadine Anderson, Carrington Health Center

Time to reflect on 2014 and looking forward to a great start of 2015. During the second half of the year we sponsored events and projects to enhance health services in our community.

In July the auxiliary had a Golf Tournament with proceeds earmarked for the hospital lab. Summer was a time for auxiliary members to beautify the facility grounds with flower purchases and cleaned flower beds. A summer project updated our Outreach clinic in New Rockford with fresh paint, pictures and wall clock. Painting projects are underway in our local clinic and hospital areas.

The Happy Heart Hutch (gift shop) sponsored four college leadership scholarships to local students entering the medical fields. They also participated in a Foster County Fair Booth and a fall craft show booth selling Bragger cloths, cookie sheets and grab bags. Our Gallery Committee adorned hallways at Carrington Health Center with various artworks bimonthly. Displays included paintings of local artists, grade school art projects and individualized Christmas stocking creations. The Santa Stockings were also presented as silent auction items during the Christmas season.

October found our volunteers serving a community project for our local theater by selling tickets and concessions during movie nights. A new project making popcorn cakes occurred before Halloween. Sixty cakes were made and sold by our members. Other fall activities included Taco in a Bag, Books are Fun, blood drive, and a bake sale held the week before Thanksgiving. We share a Tree of Light Project with the hospice staff. Tree lighting occurred December 1st during Christmas Around the Town. Treats were served in the hospital lobby after the event. Proceeds were divided between both departments.

Our general meeting will be held February 3rd. Program topic will be Alzheimer Disease. Twice a year our volunteers are recognized at a dinner and program. We are very blessed with enthusiastic members eager to help continue the mission and vision of Carrington Health Center.

NDHA NOTES

Pam Cook, Education Director, NDHA

The American Hospital Association (AHA) holds quarterly conference calls for state hospital association's to collaborate on what's going on in each state relating to the volunteers and auxiliaries. NDHA will be stepping up our involvement this coming year and providing a better level of communication with you as far as events they have planned.

The AHA has a Committee on Volunteers, a specialty committee of the Board, that is concerned with the roles, responsibilities, and services of organized volunteers and auxiliaries, as well as the community perspective they provide for the health care field. The committee supports the AHA mission and policy agenda by its activities in public policy development; participating in AHA grassroots advocacy; providing the Association with the benefit of its community perspective on issues related to the health care field; and serving as the selection committee for the AHA's Hospital Awards for Volunteer Excellence (HAVE Awards).

As health care transforms to better meet the needs of patients and communities, volunteers play a strategically critical role in supporting that evolution. AHA is hosting their 2016 State Auxiliary Leaders Meeting from April 30-May 2, 2016 in Washington, DC. If you are interested in reviewing the agenda, email me at pcook@ndha.org or call 701-224-9732.

On a national level, there are different levels of participation a state auxiliary group can have. Visit this web site to find out more information: <http://www.aha.org/about/volunteers/index.shtml>

Case Examples of Volunteers Transforming Health Care



Health care volunteers across the country are engaging in service areas that enhance experiences for patients and families and promote wellness and prevention in communities.

The American Hospital Association is proud to promote summaries of these programs. For information, go to: www.aha.org/volunteers

We look forward to strengthening our relationship with HAND!

Archived newsletters are available on NDHA's web site under the Resources tab. <https://www.ndha.org/resources/pulse/>

The PULSE is published three times per year and is our information link to the auxiliaries in our state organization. Please submit your news regarding activities, fundraiser, and success stories for membership recruitment. The best ideas come from groups who can share their successes. Submit your articles to Pam Cook at pcook@ndha.org. THE DEADLINE FOR THE NEXT PULSE IS JUNE 1.