

# THE PULSE



**HAND - SUMMER, 2016**

*Fostering the development of existing hospital and healthcare auxiliaries, providing educational opportunities to our members and encouraging involvement and collaboration with community organizations to improve healthcare.*

## **PRESIDENT'S REPORT**

*Diane Heuser, President*

Your state HAND officers are all new ~ thankfully we still have our past president, Becky Hill, who will provide continuity. (See list on right side.) Each of the former officers has offered their support, too. We are grateful that President Becky Hill, Secretary Kay Kupser, Treasurer Jean Schnabel and Past President Lori Koppinger agreed to remain in their positions through 2016-2017 as they searched for new officers.

First, I would like to thank Rugby, Heart of America Medical Center, for hosting this year's Convention. What a great team they are! They provided a wonderful day for all of us. Thank you, too, to all of the auxiliaries who brought items for the silent auction.

Here are two new links to help us stay connected:

The Pulse at NDHA's website: <https://www.ndha.org/resources/pulse/>

Healthcare Auxiliaries of ND (new Facebook page): <https://www.facebook.com/NDauxiliaries/>

Please share your auxiliary's events, pictures and suggestions on the new Facebook page.

During the HAND business meeting on May 3rd, North Dakota Hospital Association (NDHA) President, Jerry Jurena, presented Becky Hill with a Certificate of Appreciation for her 3 years as the State HAND President. Our thanks to Jerry for taking time to talk with us about NDHA's support for our hospital auxiliaries.



## **PAST PRESIDENT'S REPORT**

*Becky Hill, Past President*

As my term as President of HAND is history, I would like to take the opportunity to thank the members of HAND for their support over the past three years. The opportunity to be part of a statewide organization, attend meetings in different cities, and network with members from all over the state has been a great personal and educational milestone for me.

I cannot thank the Board members enough for their support and advice on various issues during their terms in office. Carol Rosenau and Irene Olson have worked with the auxiliaries in their Districts to host the district seminars and State HAND meetings; Jean Schnable serving as Treasurer with her accounting skills and reports were always well prepared; Kay Kupser, Secretary, was always available and a good traveling companion when we attended meetings; Lori Koppinger, Past President, always available since I started on the Board. As you ladies leave your official duties, I look forward to seeing you at future HAND events.

Heart of America Medical Center in Rugby hosted a great meeting in May. All attendees enjoyed the speakers and the time for sharing ideas from their home auxiliaries. Thank you to Heart of America for a great day!

Our fund raiser basket auction was a success thanks to each auxiliary that donated. There was an interesting variety to bid on. Congratulations to the winners.

The numbers of Auxiliaries have dropped over the past few years. I feel that the current auxiliaries and members have a commitment to HAND and their local Auxiliaries to continue our work with our healthcare organizations. Here's to the future of HAND.

## **HAND Board 2017**

***Diane Heuser, President***

*dheuser@csicable.net*

***Becky Hill, Past President***

*becky@sundregavel.com*

***Tammy Kleymann, Secretary***

*tamkleymann@gmail.com*

***Sonja Graber, Treasurer***

*sengersonja@yahoo.com*

***Irene Olson, District I Chair***

*iolson@aol.com*

***Vacant, District II Chair***

***Vacant, District III Chair***

***Carol Rosenau, District IV Chair***

*crose@daktel.com*

**The PULSE is published three times per year and is our information link to the auxiliaries in our state organization. Please submit your news regarding activities, fundraiser, and success stories for membership recruitment. The best ideas come from groups who can share their successes. Submit your articles to Pam Cook at [pcook@ndha.org](mailto:pcook@ndha.org). THE DEADLINE FOR THE NEXT PULSE IS SEPTEMBER 1.**

## DISTRICT I

*Irene Olson, Chairperson*

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I think everyone that attended the 2017 HAND convention held at the Baymont Inn in Mandan hosted by “Heart of America Medical Center Auxiliary” of Rugby will agree Rugby did an excellent job. Their theme was “Attitude Affects Your Health”. How true that is; if we have a good attitude it will show through us and everyone around us.

The Board was sorry to learn that Sanford of Bismarck has voted to withdraw their membership from HAND. They will be missed and pray they might reconsider in the future.

During lunch we had the opportunity to visit with other members and learn of different project and fund raisers that are being held. There were 94 in attendance at the convention. Of course, I have to also mention Rugby planned a very good lunch enjoyed by all.

District I fall meeting will be held October 3rd with Sanford Medical Center Partners hosting. It will be held at the Dakota Medical Foundation Building in Fargo with more information to follow at a later date.

Since my term has come to an end, I would like to thank the HAND Board and everyone else for all their help. It has been an enjoyable learning experience of the organization and meeting so many people. I would encourage you, when asked to help, step forward; you will be rewarded.

Carly Jonas of Wishek Hospital has agreed to be the next District I Chairperson and will be installed at our fall District Meeting.

Wishing everyone a great SUMMER.

## DISTRICT I

*Darlene Radi, Secretary, Sanford Partners, Fargo*

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A group of us traveled to Mandan on May 4 for the State Conference. Thank you to our colleagues in Rugby for their efforts!! We enjoyed our time together in the vans and with you all at the event.

Our spring meeting was held May 17; the membership elected our new Board. The program consisted of a presentation about Care Rounding, an opportunity for our nursing staff to connect with patients every hour; CARE is an acronym for Connect, Assess, Respond, Empathize. The members were also treated to pictures of the new hospital which will open this July!

About 55 volunteers have been trained to be Shepherds at the new hospital; these volunteers accompany the tour guides as the building is shown to the employees and the volunteers who will be moving to the new facility. There were 110 of these tours planned and 3 shepherds were needed for each tour. They got their exercise: each tour involves almost 2.5 miles of walking!

The annual Volunteer and Partners Recognition Banquet was held at Holiday Inn on April 18; we enjoy this event as we hear about the work our volunteers perform for the patients and to enjoy a tasty meal and fun get together with fellow volunteers and their guests.

District 1 people: **SAVE THE DATE!** The fall gathering for our district will be Tuesday October 3, 9am – 3pm at the Dakota Medical Foundation building in Fargo. Our Partners group is excited to host and information will be coming out regarding the program and speakers. But for now pencil this date into your calendar.

As ever we can all feel proud of the work we do on behalf of the patients who trust us with their care. Enjoy the summer!!

## DISTRICT I

*Diane Heuser, Secretary, CHI Mercy Health, Valley City*

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We have two new members, Jeanie Hedland and Marlys Kunze.

Six of us attended the HAND Conference, but forgot to take a picture until we gathered for our fundraiser, Calendar of Cakes.

Our biggest fundraiser of the year, held May 11th this year, is Calendar of Cakes. This was our 4th year and each year proves to be better than the last. The idea for this fundraiser was presented to us by our past president, Nadine VanDyke. Our auxiliaries volunteer to decorate a table and bake a cake representing one month: January – December until each month is filled. Other auxiliaries sell tickets for the Chinese auction, make and serve punch, the clean-up crew, etc. We don't charge admission, but accept a free-will offering. You can view our album at: <http://tinyurl.com/ya66cd79>

Auxiliary member Janice Syverson generously brought many of her quilts to display.



## **DISTRICT I**

*LaRue Odenbach, Jamestown Regional Medical Center*

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The Jamestown Regional Medical Center (JRMC) Auxiliary continues in its' quest to contribute monies to establish the Oncology Unit at the hospital.

On April 7 we hosted another successful Spring Bazaar, Used Book Sale and Bake Sale. This is only the second year for the used books, but they bring in customers who would not otherwise attend the bake sale or bazaar.

The annual Volunteer Banquet was held April 25 at the University of Jamestown, Reiland Center. A delicious meal was served by JRMC hospital employees to the volunteers. Each volunteer was given a rose and awards were announced. Cindy Grimm was awarded a plaque for being the Auxilian of the Year.

Five Auxilians and the Volunteer Coordinator attended the State Hand Convention hosted by Rugby at the Baymont Inn and Suites in Mandan. An enjoyable day was had by the attendees.

Tiffany Wilkerson, JRMC Volunteer Coordinator, left the position on May 12. The position will be opened as soon as possible, and posted for a month. Hopefully, the position will be filled by the end of the summer.

It was decided that the gift shop would be managed by a group of five volunteers. This method was chosen after no one stepped forward to manage the gift shop. Previously we had the Volunteer Coordinator and two co-managers, then one manager, who resigned.

The Plant sale on May 15 was once again a hit with JRMC employees. Beautiful geranium and tomato plants were sold for \$5 each. A local well-regarded grower starts the plants in early spring and delivers them to the Auxiliary in the early morning of the sale. A ten percent off one item in the gift shop was given to buyers as an incentive to visit the gift shop.

Planning has started for the Tea for All Seasons to be held Wednesday, September 13 2:00 p.m. at Trinity Lutheran Church in Jamestown. A silent auction is also held in conjunction. Tickets are \$10 for the tea. The area quilters will once again do the wonderful displays of their quilts and wall hangings.

## **DISTRICT II**

*Myrna Weber, CHI St. Joseph's Health Auxiliary, Dickinson*

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### **"Jump on the Auxiliary band wagon as our summer, 2017 goes 'whizzing' by!"**

Our Auxiliary winter meetings ended with our May 11th get together. The highlight of May was our attendance at the fun and informative HAND convention in Bismarck on May 4th. Our Auxiliary was well represented with 11 of our members attending! This meeting was a really a "shot in the arm" that we all needed....such a fun day! So many new faces as well as members from past conventions added to our fun. GOOD JOB ladies!! Good speakers, fun prizes, delicious lunch, etc.

Since our last District newsletter of March....we have had a lot of exciting happenings in our Auxiliary:

- *Jewelry Sale March 30 & 31:* Such beautiful jewelry/gifts. Fun and an excellent profit to our Auxiliary.
- *Collective Goods (formerly Books Are Fun) on April 12 & 13:* So many gift items plus books of various topics. Rebate to our Auxiliary was \$752.40.
- *Volunteer Appreciation Luncheon was held April 26th...*always a fun afternoon with socializing, and an excellent meal, gifts, etc.
- *May 16 & 17 Bedding Fair* was exceptional this year...such a fine array of beautiful blankets/bedding. Well attended by the public as well and our Auxiliary...realized a rebate of \$2,805!!

It is because of all the hard work of our Auxiliary members helping with our various fund raisers throughout the year that we were able to make the final payment of \$10,000 to our the Hospital Foundation, completing our pledge of \$100,000!! What an exciting achievement!!

Our membership goal of 15 NEW members has been nearly met!!!! One more member before our August 24th meeting! Our hope is that you are having an enjoyable, relaxing summer!

## **DISTRICT III**

*Judith Stein, St. Joseph's Auxiliary, Minot*

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In March we served angel food cake, topping with strawberries at Edgewood Vista's birthday party and also in April at Minot Rehab. The residents enjoy this and they are so deserving.

Our Auxiliary started acknowledging our members Birthdays at the monthly meetings. Our members are what keep us going! They have the "Salute to Seniors" here in Minot in May and we donated a basket for their prizes.

Seven of our members attended the Hand meeting in Mandan on May 4th hosted by Rugby. They did a great job and we all enjoyed the speakers.

Our Auxiliary received one of two Cash Incentive Award's and we will be working on finding a project.

Our May meeting was a luncheon at "Badlands" with entertainment from one of our member's granddaughters which made it very special. We also had installation of officers.

Edgewood Vista Bistro had their annual Volunteer Appreciation on May 18th for our members and others for supper with entertainment.

We were sorry to hear of the lost of our long time member, Marguerite Frank.

We will be having a bake sale along with jewelry, purses, scarf's for one of our fund raisers on June 8th.

We don't meet in the summer so have a fun filled summer.

## **DISTRICT IV**

*Carol Rosenau, District IV Chairman*

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Greetings from your District IV chairman! Spring, although it has been cool and WINDY, is finally coming around (I think). We live in North Dakota so the weather changes frequently. The farmers are mostly done with the planting, however, I still have some planters to do and then there's the constant watering unless we get a few showers!

I really enjoyed the state convention. Heart of American Medical Center's Auxiliary did an excellent job as hosts. Thank you! And a big thank you to our outgoing president, Becky Hill. She served an extra year in office because we had no vice president stepping up in that position. She did an awesome job. Thank you, Becky! Now, the best of luck to our new president, Diane Heuser of Valley City. She'll do an excellent job too.

I'm still hoping and praying that one of our District IV members will step up to take over my position. It has been enjoyable but I have served two three year terms plus I filled out a year for my predecessor when she resigned. I feel this is a very important organization and hope it continues to be strong. The Carrington Auxiliary will be hosting our fall District meeting and it sounds like an outstanding program is in store. Do plan to attend if at all possible!

Have a good summer.

## **DISTRICT IV**

*Dee Larson, Altru Alliance, Grand Forks*

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Greetings from Altru Alliance in Grand Forks! With all the recent rains, the trees and lawns are sporting their colors and new growth, which brightens our spirits.

The Membership committee has been busy updating our brochure, which will be available to existing and new members shortly. There will also be a newsletter prepared and sent to members prior to the annual meeting in the fall.

Missy Ohe attended a portion of the HAND Annual Meeting in May and brought back several innovative ideas to our board. John Reith and Dan Salyers recently awarded five nursing scholarships to Altru employees through the professional nursing committee. We have had several speakers attend our meetings with requests for funding, which will be discussed at our Gifts Committee meeting in July.

Our Board has hosted Jewelry and Art sales recently, which were quite successful fundraisers. We will host Linen and Book sales in the fall. Our Gift Shop will soon be getting much needed display updating which will enhance the product lines which are offered.

Meanwhile enjoy your summer!

## DISTRICT IV

Jennifer Wede, CHI St. Alexius Carrington Medical Center

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Hello to everyone from CHI St. Alexius Carrington Medical Center Auxiliary!

During the month of February, Valentine Cupcakes were sold for the first time. We are planning on continuing cupcake sales again next year. We sponsored a calendar raffle in which all 400 tickets were sold. Half of the monies raised were paid out to daily winners and the remaining monies will be used to purchase needed equipment at our facilities.

The month of April saw our volunteers busy with taco-in-a-bag, our annual Easter bake sale, and Tablesclapes. Tablesclapes was held on April 29th with all 17 tables being sold. We would like to thank our co-chairs Sherry Florhaug and Jan Hart for all of their hard work in making the day such a success.

Our volunteers were treated to a special movie night for April Volunteer Appreciation week. Along with pop and pocorn, each person attending received a small appreciation gift for all of their many hours of volunteering throughout the year.

Eight members attended the state HAND meeting in Mandan in May. May was also a time to clean flower beds around our facility and sale of items from Collective Goods was also held.

Upcoming events are our golf tournament on July 19th. Proceeds from this event will be used to purchase an electric phlebotomy chair for our lab department. Other events include our annual blood drive and a blankets and bedding sale in August.

Carrington will be hosting the fall District IV meeting on September 26 at Trinity Lutheran Church.

