



THE PULSE

Fostering the development of existing hospital and healthcare auxiliaries, providing educational opportunities to our members and encouraging involvement and collaboration with community organizations to improve healthcare.

PRESIDENT'S REPORT

by Diane Heuser, HAND President



HAND MISSION STATEMENT: HAND is an organization of auxiliaries and/or volunteer groups serving health care facilities across North Dakota. HAND is dedicated to helping its member organizations achieve their full potential.

Your HAND board and our liaison at NDHA, Pam Cook, have been brainstorming this summer to find ways in which HAND can better serve you. With the internet, all of our auxiliaries have more educational material, fund-raising ideas, and networking via e-mail or a phone call at their fingertips. How can HAND be of service to you?

This is where we want to begin: In lieu of asking for District Seminars this year, we feel that it's time to connect directly with your auxiliary president, vice-president and volunteer coordinator with a Meet and Greet session. Mary Stenson and I will be hosting (coffee and dessert) at four different locations around the state in September and October to meet at a central location with those three people in each organization. We will be finalizing these plans and e-mailing each of the auxiliary presidents and volunteer coordinators next week. We also need some help in finding a restaurant in your area where we can host this event. Possible locations are Hillsboro, Rugby, Jamestown and Bismarck. We are trying to make it as centrally located as possible to reach everyone and not make you drive any further than we will.

Pam has contacted and not heard back, yet, the volunteer personnel at the American Hospital Association to learn what is available in their video library to share with each of you. Pam shared this plan at the spring convention to make educational videos available to your auxiliaries and set a target date as January 2019.

Mary Stenson, HAND vice-president, has been working on a collaborative group with state auxiliary offices in Minnesota, South Dakota, Wisconsin and Iowa. We actually met with the MN state president and one of the District Chairs and are working together to share information and also discuss the common problem nationwide of decreased membership.

Wishing each of you a beautiful autumn,
Diane

The Pulse is published three times per year and is our information link to the auxiliaries in our state organization. Please submit your news regarding activities, fundraiser, and success stories for membership recruitment. The best ideas come from groups who can share their successes. Submit your articles to Pam Cook at pcook@ndha.org. **The deadline for the next Pulse is March 1st.**

2017-19 HAND Officers and District Chairpersons

President:
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Valley City, ND

Immediate Past President:
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Minot, ND

Vice President:
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Secretary:
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Treasurer:
Sonja Graber
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Wishek, ND

District 1 Chair: Vacant

District 2 Chair: Vacant

District 3 Chair: Vacant



Check us out on Facebook!

DISTRICT I

ALTRU ALLIANCE, GRAND FORKS

by Charlene Wifall

Greetings from Altru Alliance in Grand Forks!

We have many exciting things happening in Grand Forks!

Our gift shop is going through a major renovation! While this is happening, we have shut down the shop and have a table set-up in the waiting area of the hospital to order flowers and balloons. The Board, Gift Shop Manager and volunteers couldn't be more excited to share the new look with you. Stop by and say hi! We have new slat walls to hang our items, new storage bins, moved our desk for our register so it's in the center of the room. Our annual membership meeting is coming up Oct. 11 at the Gorecki Center. Our Board is hosting our Linen Sale Sept. 13-14 and Books are Fun sale in Oct. 16-17 and 18-19. If interested in more details regarding the sales visit altru.org/about-us/support-altru/altru-alliance/ Enjoy your Fall/Winter!

SANFORD MEDICAL CENTER PARTNERS, FARGO

by Darlene Radi, Partners Recording Secretary

We trust your summer was relaxing and rejuvenating! The fall for everyone can get busier and we know every Auxiliary has great projects and events coming up!

Partners Board hosted our annual Salad Luncheon in June at First Lutheran church; this is the time when current members can renew their membership as well as invite a potential member. We again served our guests family style which was enjoyed; the Gift shop staff showed a new line of body lotions (and best thing: we each got a sample!) The officers for 2018-2019 were installed, the Executive Director our programs report to gave an update of happenings in Fargo Moorhead and door prizes were drawn. One very special feature of this Luncheon is that one of the door prizes is a Lifetime membership to Partners; this gift is due to the generosity of one of our members who wants to see membership in Partners grow.

Through the summer we were fortunate to have an Intern work with Wanda Thorson the Manager of Sanford Gifts. Whitney assisted Wanda in researching some projects we have dreamed about doing and one project we are especially excited about is tray flyers: every morning one day a week there will be a flyer showing items from our Gift Shop on the breakfast tray for each patient!

The Board is gearing up for the annual meeting which will be September 19; the program will be the construction updates in the FM area as well as the reports from the past year by the Board members. We look forward to seeing our membership!

To view the American Hospital Association's "Power of One" video, follow this link or type it into your internet browser: <https://aha.app.box.com/v/powerofonevideo>

To view other resources the American Hospital Association has for auxiliaries/volunteers, follow this link or type into your internet browser:

<https://www.aha.org//issue-landing-page/2017-12-11-volunteers-and-auxiliary-leaders>



DISTRICT II

CHI MERCY HEALTH AUXILIARY, VALLEY CITY

by Diane Heuser, Secretary

HAPPY FALL to everyone! Even though the calendar doesn't agree, it's definitely looking like autumn in our area.

June is our annual potluck luncheon along with a short business meeting. As always, there was lots of food. Some things on the table were tasty new recipes along with those wonderful comfort foods and desserts.



We don't have a regular business meeting in July, but the executive committee met to select our scholarship recipient. Earlier in the spring we formed a committee to plan a membership recruitment tea.

We met several times during July and August and will meet again in September to finalize the planning. Along with this plan is the creation of a tri-fold pamphlet to provide guests with an idea of what our hospital auxiliary does and, hopefully, give them an idea of why they would want to join.

Our August news is that Taylor Beringer was again this year's recipient of our scholarship. Taylor is seeking a degree in social work. She also works part-time in the hospital.

This month (September) our auxiliary-of-the-year nominees will be presented for vote. The recipient is presented with the award at the Christmas brunch. October 4th will be our membership recruitment tea. I'm looking forward to sharing that event with you in our next Pulse.

JAMESTOWN REGIONAL MEDICAL CENTER

by LaRue Odenbach

The Jamestown Regional Medical Center (JRMC) Auxilians (41 members strong) keep very busy knitting baby caps, making surgery pillows, tying bows on hospice blankets, sewing baby blankets and burp cloths, as well as all the other volunteering that is done at the hospital in the Surgery Center, Front desk, gift shop and No Excuses Cancer Screening.

Meeting programs during the quarter were a video on HIPPA shown by the JRMC Health Information Manager and guest speaker Detective Leroy Gross on "Scams". K. C. DeBoer, President and CEO and Lisa Jackson, Foundation Director informed the auxilians on hospital news and business.

The Auxiliary gave \$5,000 to be the Title Sponsor for the GOLF "fore" GOOD fundraiser by the JRMC Foundation. This promotion netted the Foundation \$28,000. Several auxilians volunteered at the event. Some auxilians also volunteered at the GOLF "fore" ANGELS tournament.

The group also contributed \$2,500 to JRMC for nursery sleep sacks. The Auxiliary has purchased sleep sacks for many years.

Mary Engels, our Volunteer Coordinator, has been busy organizing the "Driven to Care Program". This program will assist patients or family members that are stranded at the hospital to get home or where they need to be. Four drivers have been recruited, but a certification process must be completed before they will be transporting people. The Auxiliary voted to give the \$500 HAND monies to start this program. Mary is also looking for other funding to aid this program.

One of our major fundraisers "The Tea for All Seasons will be held Tuesday, September 11, 2018, 2:00 p.m. at Trinity Lutheran Church. Tea cookies and breads will be served, drawings for door prizes and a silent auction. This event is well attended by the community.

CARRINGTON MEDICAL CENTER AUXILIARY

by Renee Riedesel, President

The Gift Shop has been redone for fall and it is so pretty! If you're looking for fall foliage with golden yellows, vibrant oranges and various reds, as well as greenery to bring the outdoors inside, we have it! There are some really fun leaf cut out candle holders, as well as pumpkins, pillows, signs and new jewelry added. Stop in and take a look!

Our Auxiliary had a booth at the County Fair in June. We sold popular items from our Gift Shop, as well as Grab Bags, which are always requested! We also sold calendar raffle tickets to raise money for medical equipment. The drawings for the raffle were held in July and August.

In July, our Board meeting was held at Woodward Farms in Cathay. Brenda Gorseth is the owner, and she does catering and sells homemade goodies as well. Our brunch included an egg bake, Aronia cinnamon rolls and fresh raspberries. We also toured her commercial kitchen and gardens, and had a lesson on five minute pickles. It was a fun morning!

Our Auxiliary hosted the Bedding and Blanket Sale July 31-Aug 1st. Their sheets are awesome, as well as their blankets and pillows. This is a popular annual event we are fortunate to have in town!

We also held a blood drive in August, and Carrington residents donated 79 units of blood and plasma for needy patients! We are grateful to everyone who took time out of their day to donate! It takes many hours of calling, food preparation for donors, and helping with registration to make this worthwhile cause all come together. Thanks to our many volunteers who helped make this possible!

On September 1st we hosted a brunch for our Leadership winners. We gave five \$750 scholarships to students that have completed at least one year in college and are going into the medical field. We feel fortunate that many of our past winners have returned to work at Carrington Medical Center.

Our Board doesn't meet in August, but we have a lot of fund raisers planned in the coming months. The Christmas Tour of Homes is one of the most anticipated events in December. Watch for more details on this and other events in our monthly Auxiliary newsletter and local paper.

DISTRICT III

ST JOSEPH'S AUXILIARY, DICKINSON

by Myrna Weber

Greetings from Dickinson!

So much has happened since our March, 2018 Hand newsletter, thanks to our growing Auxiliary and its active members!

Our annual Accessories Swap n' Shop Easter Bake Sale was held on March 28 and was a huge success. 50 gallon bags of noodles were made over 3 Saturdays prior to the sale and every single bag was sold within an hour, plus orders placed and sold from the Gift Shop prior to the sale. Also included in this sale were slightly used purses/handbags, jewelry, scarves & belts. A very successful event earning over \$1,000.

Our Volunteer Appreciation get together was held April 17th. This event is a "Thank you" to Hospital volunteers who have donated so many volunteer hours!

Once again, April 18 and 19 we hosted our much anticipated \$5 jewelry Sale. Super successful this year: 355 customers, 1,570 items sold with our commission being \$1,570!

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St. Joseph's Auxiliary, Dickinson continued.....

Our Discount Bedding Fair was another huge success with our net profit being over \$3,000. Beautiful items for sale again this year!

We were so well represented at the State HAND convention held April 25th in Mandan....13 of our members attended. A fun day of learning and was so good to get RE-acquainted with our fellow members from across the State.

Fluffy Fields Vineyard & Winery Tour & Tasting held May 19 was enjoyed by all in attendance. This was our first year trying this event and it turned out beautiful...a very relaxing afternoon of wine tasting, food and tours of our local wine making facility. We plan to make this an annual fund raising event.

Our last meeting for the summer was in May. We have just had our August meeting this past week with 3 new members! We are all anticipating the activities of our next 9 months, the first being our annual Tour of Tables on Tuesday, September 25th. We have room for 13 tables and nearly all have been spoken for. Such a fun event with so much variety in the themes our hostesses decorate for. Our fall has busy events forth coming...\$5 Jewelry sale on October 23 & 24, and our annual Christmas Open House on October 29 and 30th.

We hope each and every one of you had a fun, relaxing summer and are anticipating a blessed Holiday season with your families.

Start planning for our State Hand meeting which our Auxiliary will be hosting in Richardton, ND on May 1st. Mark your calendar...we anticipate a fun and interesting day of friendship and learning! We'll be planning on seeing YOU there!

Volunteers don't get paid, not because they're worthless, but because they're priceless!

The Gift of Time is Priceless

*Valuable is the work you do
Outstanding in how you always come through
Loyal, sincere, and full of good cheer
Untiring in your efforts throughout the year
Notable are the contributions you make
Trustworthy in every project you take
Eager to reach your every goal
Effective in the way you fulfill your role
Ready with a smile like a shining star
Special and wonderful-- that's what you are!!*

-Anonymous