



# THE PULSE

Fostering the development of existing hospital and healthcare auxiliaries, providing educational opportunities to our members and encouraging involvement and collaboration with community organizations to improve healthcare.

## President's Report

The calendar doesn't say that it's autumn, but the trees around my home say that it's here. I hope you're enjoying the beauty of the changing colors.

We have several opportunities to work with the Healthcare Auxiliaries of North Dakota (HAND). I'm hoping that you will consider one of these positions. If you know of someone who is currently taking a break from their job or currently not working and looking for another, please let them know that volunteer time is a great way to keep their skills up-to-date and use the position description as part of their resume. It will also benefit their hospital and community. We need you!

The position descriptions are listed below:

### The Vice-President shall:

1. Attend all Board of Directors, Executive Committee and general meetings.
2. In the absence of the President, perform all duties of that office and/or upon the resignation of the President shall become President.
3. Serve on the convention committee.
4. Perform such duties as required by the Bylaws and the Board of Directors.

We have District Chair positions open for Districts 2, 3, and 4.

### District Chairperson Responsibilities:

1. Receive/collect information regarding other auxiliaries in their district.
2. Communicate via mail or e-mail to each auxiliary president, in assigned district, state board activities, promotion of the HAND newsletter and any other state board projects.
3. In coordination with the President, encourage auxiliary membership in HAND and aid in organizing new auxiliaries in the district.
4. Cooperate with the state officers and other district chairs in planning seminars.
  - a. Be responsible for organization of seminars in own district and arrange for location of seminar for the following year.
  - b. Review district seminar guidelines with host facility.
  - c. Preside in own district seminar.
5. Submit written reports of district seminar to the President and for the HAND newsletter publication (March 1st, June 1st, September 1st).
6. Keep a file of all materials pertinent to the office and turn those over to the next district chair promptly and in good order.
7. Provide seminar information (program, pictures, etc.) to the President of HAND.
8. Be responsible for notifying the media (newspapers, radio, TV, etc.) in their designated districts.

I hope you will consider these positions. To be the best HAND can be, we need you! It's a wonderful learning opportunity.

**Did you know that we have a new logo for HAND?** The North Dakota Hospital Association artist worked with Pam Cook to design the logo. Our thanks for such great support from Pam and NDHA.

## 2017 HAND Officers and District Chairpersons

**President: Diane Heuser**  
[dheuser@csicable.net](mailto:dheuser@csicable.net)  
Valley City, ND

**Immediate Past President: Becky Hill**  
[becky@sundregavel.com](mailto:becky@sundregavel.com)  
Minot, ND

**Vice President: Vacant**

**Secretary: Tammy Kleymann**  
[tamkleymann@gmail.com](mailto:tamkleymann@gmail.com)  
Valley City, ND

**Treasurer: Sonja Graber**  
[sengersonja@yahoo.com](mailto:sengersonja@yahoo.com)  
Wishek, ND

**District 1 Chair: Irene Olson**  
[iolson@aol.com](mailto:iolson@aol.com)  
West Fargo, ND

**Incoming District 1 Chair: Carly Jonas**  
[carlyj@wishekhospital.com](mailto:carlyj@wishekhospital.com)  
Wishek, ND

**District 2 Chair: Vacant**

**District 3 Chair: Vacant**

**District 4 Chair: Vacant**



Check us out on  
Facebook!

## **DISTRICT ONE**

### ***District One Chairperson Irene Olson***

Greetings from your District I Chairperson. When I wrote the summer report I thought it was my last one. This year our Fall District meeting is in October in which we will installing our new District I Chairperson. Now that summer is over (which went by way too fast) we are looking forward to our projects and fund raisers for the coming year.

This year our Fall District meeting will be October 3, 2017 hosted by Sanford Partners and will be held at the Dakota Medical Foundation in Fargo. I have seen the Agenda for the day with great speakers and interesting topics. At this meeting Carly (Jonas) Sanders, Director of Nursing of Wishek Hospital and Clinic Association will be installed as our District I Chairperson. Again I would like to thank the Board and Auxiliary members for their support and help in doing my time on the Board.

Wishing everyone a HAPPY FALL and looking forward to our May State Hand Convention.

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### ***Jamestown Regional Medical Center Auxiliary LaRue Odenbach***

The Jamestown Regional Medical Center Auxiliary continues to be relevant in the life of the hospital. Many auxiliaries volunteer at numerous stations in the hospital as well as run the gift shop and all that entails. Some auxiliaries, also work outside the hospital, typing bows on hospice blankets, sewing burp cloths, surgery pillows and flannel blankets and knitting hats for newborns.

In August we did our usual Calendar for Cash. It is a small fun project and if you choose not to participate you can just make a \$15 contribution to the Treasury.

Mary Engels started in August as our new Volunteer Coordinator. One of her duties is to coordinate the many volunteers, auxiliaries included, and maximize the best uses of our volunteer efforts.

The Tea for All Seasons was held on Tuesday, September 12 with the largest attendance ever. It was a wonderful afternoon to enjoy tea and goodies with friends, family, and auxiliaries. Door prizes were awarded and a silent auction held. The local quilter's guild did a beautiful display of their quilted and sewn items that is so appreciated by the attendees.

The auxiliary decided to discontinue the Tree of Love for this year because the income from this labor intensive project does not match the time invested.

Instead of our annual Holiday Magic we will be doing a Holiday Bazaar, Friday, December 1, 3:00 to 7:00 p.m. Three auxiliaries have volunteered to be co-chairs and plan this event.

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### ***CHI Mercy Health, Valley City Diane Heuser, Secretary***

Where did the summer go? This one seemed exceptionally short.

We ended the first half of the year with our annual "picnic". It's indoors and not only do we always have a great turnout, but everyone brings delicious food.

We don't meet in July. Our August meeting begins the second half of the year. Our scholarship recipient, Taylor Bearinger, was presented the award by Frances Yokom, President, CHI Mercy Health Auxiliary. Taylor was awarded a \$250 scholarship to use toward Healthcare Education. Taylor is enrolled at Valley City State University, Valley City, ND.

Another order of business during our August meeting was to vote on helping to fund the new palliative care room in the hospital. This presentation came at a perfect time as one of our member's had passed away in April and her family asked that all memorial donations be sent to our auxiliary. We were able to use the memorial funds to remember Jodi and the room will be named in honor of her.

Our September meeting will be held on the 11th with lots of discussion, nominations for auxiliary-of-the-year, and introduction of a new member, Nancy Heuser. Nancy has agreed to be our health advocacy chairperson.



**Sanford Partners, Fargo**  
**Darlene Radi, Recording Secretary**

Happy Autumn to our fellow Auxiliary members. Sanford Partners has had quite a summer as we know you all have had as well!

Our Annual Salad Luncheon was held on June 13; this is an event when current members can not only pay their dues for the coming year but they are encouraged to invite a potential member. This year we served our salads family style and the response was very positive. The staff from the Gift Shop modeled many of the spring/summer fashions found in our shops. One of our traditions for this Luncheon is that a name is drawn and a complimentary Lifetime membership is the Grand prize; this gift is from an anonymous donor and it is such a joy to see how excited the recipient always is!

Our Board had the awesome opportunity to attend one of the Grand Opening VIP events during which we got to see the NICU that is now named the Sanford Partners NICU – we feel very grateful for the chance to raise funds for these precious babies and their families. For the Grand Opening there was also a time set aside for employees and volunteers to tour the new hospital so many of our people took advantage of that. Then on July 25 the day we have been waiting and planning and dreaming for happened: we accepted our first patient at 5am! By noon that day 3 babies had been born. Our new Gift Shop was open and ready to serve customers. Since then many patients have been served in this state of the art facility and we could not be more proud! We also are proud of the fact that the other 2 medical centers in Fargo (the downtown Broadway hospital and South University Hospital) continue to serve people who trust us with their care – what an honor to serve when people need us most!

October 3 we are excited about hosting our District for the fall conference. We will be looking forward to hearing about the other District conferences too! For now take good care – you are needed and your volunteer contribution is cherished.

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## **DISTRICT THREE**

**St. Joseph's Auxiliary, Minot**  
**Judith Stein**

We had our first meeting after the summer on Sept. 7th. We had Cheryl Coyle as a speaker with Lutheran Social Services and she helps with the ageing and care process. Do you know what 90% of senior calls to 911 are? If you guessed- falls, you are right.

We have to mention Sulu Bruins, our Treasurer who died. She will be missed and was good at what she did.

Edgewood Vista is having their annual bazaar Oct 27th so our auxiliary will also have gently used jewelry, purses and accessories for sale. If anyone is in the area be sure and stop in and check it out.

On our Oct 5th meeting we had a speaker, Bonnie Schriock from North Central Human Services. The service is called "Open Arms" and opened July 1st and the 2 programs are Crisis Unit and transition.

Watch for our publicity on our Victorian Tea on KMOT November 10th at noon and KXMC November 9th at 11:45. The Victorian Tea has been an Annual Fundraiser for years and there is also the Yesteryears group that has their Vintage items for sale along with our Tea. Entertainment will also play duets. Welcome fellow Auxiliary District members to our Victorian Tea if you can make it.

Our other big Fund Raiser besides the Tea is our Love Tree in December so those were our main agenda planning at our October meeting. Thanks to our members who speak up to volunteer as they both take a lot of work and time!

We put an entry on bismanonline.com of looking for new members and have had some visitors at our meetings and a new member.

## **DISTRICT FOUR**

### ***Heart of America Medical Center, Rugby Bev Paul, President***

Greetings to all of you from the Heart of America Medical Center in Rugby! It's hard to believe that fall is already here but the beautiful colors are appearing more every day and the meetings and plans for fund raisers begin. We do not meet in the summer but that does not mean that our auxiliary members stop working. One of our fun projects is maintaining our part of the flower gardens that adorn the grounds of the facility.

Last spring, we held our Annual Salad Luncheon which was very successful and funds went to the EMS Program. We held our annual Volunteer Appreciation Luncheon in April and are proud of the 131 volunteers giving 8,211 hours to the facility. We held our Annual Employee Tea during National Hospital Week. We held a Collective Goods Sale in May with funds going to the HAMC Daycare, Kids Next Door.

We hosted the State Conference at the Baymont Inn in Bismarck on May 4th. The theme for the day was "Attitude Affects Your Health" and we were very happy with the attendance and the speakers that we had who helped everyone leave with better attitudes.

When our September meeting arrives, we all look forward to being together and more active in the facility. We just held the Jewelry Sale on September 6th and 7th and it was very successful with the proceeds going to the new Chemotherapy/Infusion Suite. Some of us attended the District 4 Fall Meeting in Carrington on the 26th. Thank you to the Carrington Auxiliary for a great day and a special Thank You to Carol Rosenau for her time as the District 4 Director.

Our Annual Fall Bazaar will be held Thursday, November 9th and is one of our largest fundraisers. It includes a bake sale, butter braid bread, raffle, lefse, pie and coffee. We are very proud of the HAMC Tree of Giving--Caring and Sharing in which we receive funds from the members of our community in honor or in memory of someone. This is an ongoing fund raiser for us and we have used a great amount of money for the Hospice Program. We continue to have our special fund raiser, Singing Valentine's and are hoping to hold another Bedding and Blanket Sale.

Another source of income for us is our Heart to Heart Gift Shop which is decorated for fall and Halloween. We have awesome gift shop managers and volunteers that work there. They hold various sales throughout the year and everyone waits patiently for the Christmas items to come out in November.

We are so fortunate to have the support of the employees and the people in Rugby and the various communities. All the money we raise goes back to the facility to purchase items to provide quality care to the patients and residents and to make a better work environment for the employees.

"Volunteers don't necessarily have the time but they have the heart".

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### ***Altru Alliance, Grand Forks Dee Larson, District IV Publicity Chair***

Greetings from Grand Forks! It's hard to believe that fall is here with all the warm weather we've been having, but we definitely are enjoying it.

Some of our members will be attending the District IV meeting in Carrington on September 26th. Other upcoming events are our Linen Sale on September 28th and 29th, Altru's Gala on the 30th, which will be raising money for Suicide Prevention and education, and our annual "Books are Fun" Fundraiser in October.

We have recently had an opportunity to support an Altru "On Track to Health" Pilot Program, which provides patients a tool to better self-manage their heart failure or other chronic disease. The program provides a mobile application that resides on a mobile device that prompts patients to monitor their own symptoms on a daily basis. Dr. Yvonne Gomez presented information about the progress of the program at a recent board meeting.

In November we look forward to having our Annual Meeting, which provides an opportunity for members to connect. We hope your fall and upcoming holidays are pleasant as well.

**CHI St. Alexius Carrington Medical Center Auxiliary, Carrington**  
**Jennifer Wede, President**

Greetings from CHI ST. Alexius Carrington Medical Center Auxiliary!

We had a successful golf tournament in July with the proceeds being used to purchase an electric phlebotomy chair for the lab department.

In August our annual blood drive was a success with 57 people donating blood with 69 products being realized, sale of collective goods, and a blankets and bedding sale.

On September 26 we hosted the District IV meeting in Carrington. Over 60 people attended the meeting that day. Our program included Jodi Tescher from Red River Behavior Health Systems in Grand Forks talking about the opioid crisis in our state, Tony Edland a hometown boy who is battling drug addiction, and Jane VanRay a local mom raising a child with Angelman Syndrome. A big thanks to our co-chairs Marilyn Nicholson and Bernadine Anderson for all of their hard work in planning a fabulous day.

Our upcoming events include in October taco-in-a-bag and making popcorn cakes for Halloween, November activities include our annual bake sale and tree of lights ceremony, and December 10 we will be hosting the Medora Musical at the high school. Tickets can be purchased by connecting Carrington Auxiliary Office.

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**District IV Past Chairman**  
**Carol Rosenau**

As the days are shortening with daylight hours, the leaves on the trees turning to beautiful fall colors, schools are back in session with all their autumn activities, and harvest in operation (weather co-operating), we realize again how times flies! How blest we are to experience the four seasons.

And of course, with that, our auxiliaries are back on full duty with their meetings, fund raisers, and various activities. Actually, is there ever a "lull" when it involves auxiliary activities? They're happening all year long.

Several of our members attended the "Tea for All Seasons" at Jamestown sponsored by their group. A beautiful day, beautifully decorated tables and wonderful hospitality was enjoyed.

Our District IV HAND meeting was hosted on September 26th by Carrington Medical Auxiliary. Nearly sixty auxiliaries were in attendance including our state president, Diane, and past president, Becky. Several guests were present for our excellent (even tear jerking) and well as educational speakers. Thank you, Diane and Becky, for coming. After being absent the last two years for our district meeting, I was even able to attend. Thanks be to God! "Techy" Diane with her photographic and computer skills, put together a lovely "smilebox" review of our days program. I wish you all could view it!

As outgoing District IV chairperson, again, I want to say "thank you" for your patience with my flawed performance as your state representative. It was an enjoyable six years that zipped by. We do not have a replacement but it's never too late to volunteer to step up and fill that position.

God willing, I hope to see you at state convention in May!

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**Engaging Health Care Volunteers to Pursue the Triple Aim - [www.aha.org](http://www.aha.org)**

As hospitals, health systems and other providers navigate changes in health care, volunteers stand out as key contributors in the success of pursuing the Triple Aim, a framework developed by the Institute for Healthcare Improvement that outlines an approach for maximizing the performance of the health care system by:

- Improving the patient experience of care (including quality and satisfaction);
- Improving the health of populations; and
- Reducing the per-capita cost of health care.

This [new resource](#) showcases how Volunteer Services strategically supports the Triple Aim.